

# CollegeNEWS

## PRINCIPAL'S REPORT

Welcome to Ryde Secondary College 2018!

We warmly welcome our new students especially the 210 new Year 7 students. Fresh back from a fantastic camp, they all appear to be enjoying their new friends and exploring all the different outdoor spaces around the school! Many thanks go to the wonderful teacher team supervising the recent camp and our Year 10 peer support leaders for their great leadership.

We hope all our students had a wonderful break. In our assembly many indicated they travelled in Australia or overseas. It is often said: "The best education you can ever have is travel". 10.5 million Australians returned from short trips overseas last year so they must agree - that is about one in three Australians. Around 8.7 million visited Australia and spent \$ 42.1 billion. Tourism clearly plays a big part in the global economy and will create opportunities for our students in the future.

Travel inspires us to try new things. On our first assembly we had a look at the Hamburg Miniature Wonderland, (<http://www.miniatur-wunderland.com/exhibit/video/5-minutes-wunderland/>) the largest model railway in the world, with 900 moving trains, and designed by two creative brothers with a dream. Set on 1000 square metres, it covers well-known global regional and urban environments and is managed by 270 people. We are wondering if any of our students can produce something like this?

We also enjoyed the outstanding initiative and the creativity behind the team of drama students responsible for being **finalists in the International Youth Silent Film Festival**. Special congratulations go to Livia Wu and Chloe Chan, presenters, and features lead, Cosmin Luca. I urge our students to think about how they can develop their talents and skills through their learning and activities in 2018. Most successful projects involve collaboration. They'll get great opportunities through the Fashion Show, Sustainability Day, RSC Creative, Ryde Idol, STEM activities and many more.

We wish all our students academic growth and success in 2018. Our highest achievers always attend school every day, on time, and tell us they had a study/work plan, consistently applied themselves and participated in school activities. We congratulate **Zhilin Choo**- our school captain in 2017, who

achieved our **top ATAR of 98.8** in the 2017 HSC. Visiting our String ensemble at the Town Hall last year, where they were performing I saw her in a back room doing her homework with another year 12 student. This clearly demonstrated her Respect for her school in committing to the performances for the year, as well as her peers and teachers, her Resilience in persevering amidst challenges, and her sense of Responsibility as a member of the musical ensembles and as an HSC student. (Note the three Rs of Ryde)

Last year our **HSC students** performed really well, with 121 notional band 6s, compared with 123 in 2016. What is really pleasing is that band 6s were achieved in nearly every subject. Three all rounders, achieving over 90 in 10 units or more) were Zhilin Choo, Lea Osmanagic, and Prakar Sharmar.

Our students achieved high placings in Indonesian, Mathematics and Japanese, and well above state results in Business Studies, Physics, Economics, CAFS, Senior Science, Mathematics, ESL, English Standard, Indonesian and Japanese.

Zhilin would I'm sure agree that nothing is achieved without perseverance, hard work and resilience when things don't go to plan. When times get tough, there is nothing like a volleyball game, football or musical performance to boost your spirits, so book in now!!

Another recent high achiever at RSC is **Rhett Prado**, now our College Vice Captain. Rhett received the *Ryde Young Citizen of the Year* award in an Australia Day in Year 12. Rhett has been an outstanding SRC member, very active in Duke of Edinburgh and in the Ryde State Emergency Services (SES) team. What a great young Australian we have in Rhett! We are talking to the SES this week about a joint program involving RSC and the local unit, largely because of his great work.

We hope others are inspired to follow in the footsteps of these great RSC students in 2018.

Cassy Norris



TWT Territory celebrated Australia Day to the full last Friday and continued on over the weekend that followed.  
HUNTERS HILL celebrated with a citizenship ceremony and festivities in the Town Hall when Jenny Nylund was named Citizen of the Year and Benjamin Jones Young Citizen. Details SEE PAGES 6 & 19.  
RYDE awarded Salvation Army officer Nathan Moulds Citizen of the Year with Rhett Prado of Ryde State Emergency Services Young Citizen of Year 2018.

## Deputy Principal's Report

Welcome back to all our RSC families.

2018 is advancing at a rapid pace with so many activities and opportunities in place and being promoted. All students and parents/carers need to constantly check on the Sentral notifications for the many announcements that promote co-curricular activities, community announcements, sport notices, welfare initiatives and the many school based updates.



I am very pleased with how our students who have settled back into college life and focused on their learning. As Ms Norris indicated, students who are committed to their education through strong attendance, dedication and a positive mindset will always give themselves the best opportunity to achieve their best.

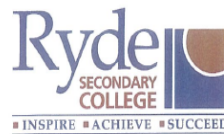
Well done to our Year 7 students have also demonstrated great maturity in transitioning into high school in such a smooth manner. They are already impressing staff with their commitment and desire to achieve their best while also experiencing an exciting 3 day camp adventure. I am sure there will be fantastic student and parent attendance at the Stage 4 Enrichment Night on Thursday.

Very shortly students will be participating in the Tell Them From Me Survey. This is an activity that we undertake, along with the majority of NSW schools each year which provides tremendous feedback that informs future directions of the college. When the permission forms are provided, please allow for your child to participate and play a role in the college directions. Later this year parents and staff will also be provided with an opportunity to participate in their specific survey.

As a reminder for all for all families, but especially those who collect their students by car each day, there have been issues with the manner in which cars are driven and how students are crossing the road. The mornings and especially the afternoons are very hectic with over 1000 students arriving or departing, a multitude of buses on duty and students often crossing the road in a dangerous manner. A **preferred pick-up point is on Forrest Rd**, not directly outside the school gates. Some cars have been sighted completing U-turns or double parking which creates further congestion or dangerous situations.

The safety of our students is paramount, so I ask all parents/carers to observe safe practices at all times.

Karl Berthold



5 February 2018

Year 7 Enrichment Night

Dear Parents and Caregivers,

As has been the tradition at RSC, all parents and students of Year 7 are invited to attend the Year 7 Enrichment Night on Thursday, 22 February from 6:00 – 8:00pm.

This is a wonderful opportunity for parents to observe many of the activities that their students in Year 7 are undertaking and for Year 7 families to meet each other on the night. You will be introduced to key teams within the school and have the structure of the teaching staff explained. Parents will also receive important information to help them maintain contact with the school and get an overview of what work their children should be submitting during each term. Musical items, a multimedia presentation and awards for students who attended the recent Year 7 camp will also be presented.

The night will be hosted by the RSC P&C Association, with the president, Ms Teresa Russell providing a short presentation on the importance and future direction of the Parents and Citizens Association. Catering for the event will be provided by our talented students and the fantastic TAS Department.

This event is always well attended and a great way to learn about life in high school, in addition to making friends for social activities outside school. We expect at least one parent of each Year 7 student should attend this event.

If you will be attending the Enrichment Night, please indicate via email or return the slip below.

Mrs Cassy Norris  
Principal

Ms J. Blow  
Year 7 Year Advisor

### **Tell Them From Me** student feedback survey (Term 1, 2018)





## Interview with Cooper Ware, Year 11 and...

**Q. What primary school did you come from?**

Ermington Public School

**Q What do you like about the College?**

I like how it has so many opportunities in classes, subjects and extra-curricular activities.

The Sport selection is comprehensive. It is fantastic.

The teachers here are also great. If you need anything and go to them they will help you with anything.

**Q What would you improve about Ryde Secondary College?**

A few excursions for all years in common subjects like English, Maths (structures and architects) within Australia and overseas.

**Q What subjects do you enjoy the most?**

Music, because I am a very musical person and I get to express myself there.

I am very comfortable in that environment and I really learn a lot from the teachers. It also gets me involved in extra curricular projects.

**Q How do you learn best?**

I learn best from hands on physical experiences e.g. like excursions or having a conversation with someone else about a specific topic.

**Q What extra curricular activities do you do and why do they matter?**

I do: String ensemble, choir, acapella. They matter because they provide entertainment for the school and it is a good way to get kids out of their comfort zone, perform in front of others and show them what they love to do.

**Q Do you have any hobbies?**

Playing various instruments, surfing, skateboarding, driving and camping and exploring new places.

**Q Do you have any pets?**

I have a dog, who is one year old. He is a cattle dog, named Chilli.



## Interview with Grisha Chawla ,Year 11

**Q. What primary school did you come from?**

Putney Public School

**Q What do you like about the College?**

I like the wide range of opportunities in classes, subjects and extra-curricular activities for all students.

I like how friendly most teachers and students are, and how they are willing to help anyone who needs it.

**Q What would you improve about Ryde Secondary College?**

I would have more trees, more potted plants near the bell tower area.

I would like more opportunities advertised for public speaking for junior years.

Increasing awareness of school events would be great. RSC Creative needs to be promoted more effectively as an opportunity for students to participate rather than an event.

**Q What subjects do you enjoy the most?**

I enjoy Legal Studies and English because I like learning about the law and how systems work. We talk about books a lot in English and I enjoy reading so that's why I like English.

**Q How do you learn best?**

I learn best by experiencing things and by teaching others what I want to learn. When I am studying for a test I like to teach others so I remember what I am learning.

**Q What extra-curricular activities do you do and why do they matter?**

I am in the Politics Club. It provides an opportunity for students to discuss issues which are not only important but controversial also.

**Q Do you have any hobbies?**

I enjoy reading, painting and photography.

**Q Do you have any pets?**

I am going get a dog, probably from the RSPCA.

Interviewed by Mrs Norris



Friday, 2 February lunch



## From Year 7 Camp, 7 February

In Week 2, all of Year 7 travelled to Tea Gardens for a three-day camp. Students participated in a range of activities aimed to allow new students to interact with each other and to build positive relationships through team activities.

Here is what Year 7 had to say about their camp experience:

*"I learnt teamwork, resilience and courage through the activities at camp."* – Andrew

*"I learnt that it is really fun and challenging to try new things."* – Zeinb

*"Camp is an awesome experience because you get to be surrounded by nature, socialise, do things you've never done before and experience something never experienced."* TJ

*"Camp was a great learning experience. I learnt other people's names, their likes and dislikes and I learnt a lot about what I was capable of."* – Risha

*"When I overcame my fears I felt proud of myself because I told my parents I wouldn't do it but I ended up doing it anyway. I also felt happy since I probably would have regretted it."* – Lyla

*"I enjoyed helping my friends finish the high ropes course."* Daniel

Ms J Blow  
Year Advisor





## News from Creative and Performing Arts

The year has started with rehearsals and planning for Music, Art and Drama with the main production being the Arts festival and all that it will encompass. The Music Program, *rsc creative ARTS FESTIVAL* and Drama Club has begun with a great deal of enthusiasm from both student, teachers and visiting tutors.

### CAPA staff changes for 2018

Welcome to Lachlan Humphreys, Nichola Bryan, Kirally Amery in Visual Arts and we bid fond farewells and good luck to Patrick Davies and Michele Conyngham in Drama.

### CAPA Co-curricular Programs

Rehearsals are:

- **Concert Band** Tuesday 7.30am A3 – Mr Mike Kenny
- **Jazz Band** Wednesday 7.30am A3 – Mr Dave Groves
- **String Ensemble** Thursday 7.30am HMS – Ms Lucy East
- **Vocal Ensemble** Monday 7.30am HMS - Ms Christina Kinley
- **Choir** Friday 7.30am HMS - Ms Christina Kinley
- **Drum Band** TBC and to start soon
- **Guitar Ensemble** To start later this term
- **Drama Club** Wednesday 3.15pm HMS – Ms Kate Cunningham

If your son/daughter would like to participate in any of the above programs please contact Mrs Shaw or the appropriate RSC teacher at your earliest convenience to secure their membership in the program they want.

*rsc creative ARTS FESTIVAL* – the festival for 2018 will be staged in Term 3. The following productions and their dates will be part of the Arts festival:

**Music Night – Wednesday 22nd August 6pm**

**Art Exhibition – Wednesday, Thursday and Friday beginning 22 August**

**Piano Recitals – Thursday, 23 August**

**HSC Drama performances -**

**Thursday, 23 August**

**The Drama Production - Term 4 starting - Wednesday, 28 November**

The **2018 theme** for *rsc creative Arts Festival* will be “**Dream On.....**”. The CAPA staff has begun planning for this important and creative event on our college calendar. The festival will present:

- performances in Music and Drama,
- exhibitions in Visual Arts and Photography and much more, with
- new competitions in literature, filming and composing

**Partnerships with the Primary Schools:** We are continuing our partnership with the Primary schools for music for *rsc creative* for the Music ensembles – String Ensemble Choir and Concert Band.

**Friends of CAPA** - Thank you to all parents for their ongoing support to CAPA. This year the parents (“Friends of CAPA”) will be invited to assist in running concerts (front of house) and other activities to support the students and CAPA staff for the college.

**Encore Concert** - Years 11 and 12 Music will attend the Encore Concert at the Opera House on the Monday 19<sup>th</sup> February to listen to the best 2018 music students perform. Our students enjoy watching these wonderful musicians from around the state and hopefully they can be inspired to find some great works for their own repertoire.

**Season Concerts 2018** – Established in 2016 the season concerts are continuing throughout 2018. They will be held in the HMS, beginning at 6pm for 80 minutes. Each ensemble will take ownership of their concert and will be joined with performers from the allocated elective Music:

- **Wednesday, 21 March - Autumn 1 Concert – Jazz Band with Year 10 Music students**
- **Wednesday, 23 May—Autumn 2 Concert – String Ensemble with Year 12 Music students**
- **Wednesday, 13 June—Winter Concert – Choir and Vocal Ensemble with Year 11 Music students**
- **Wednesday, 5 September—Spring Concert – Concert Band with Year 9 Music students**

I am very much looking forward to working with students, teachers and parents throughout 2018,

**Alison Shaw**  
HT CAPA



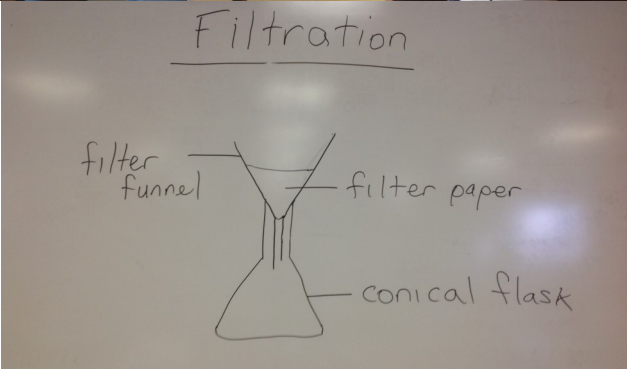
Drama —2017



*rsc creative Arts Festival* —2017



# Support Class learning about Filtration



# Lunch time, Friday, 2 February





### From the School Office

### Blue Long Sleeved Girls Shirt

The College has introduced a blue long sleeved girls shirt for those students who feel the need to cover up.

This shirt is from the Woolwich Girls School uniform and has been made available to our students.



**Shirts can be purchased at Lowes School Wear, Top Ryde Shopping Centre and will cost \$35.99. Just ask the Uniform Coordinator for assistance to purchase this shirt.**

The following Uniform items are now available from the Administration Office.

### Bucket Hat with Logo

We have 3 sizes available—Small, Small/Medium, Large/Extra Large, cost \$10.00 each.



### Blue Mini Umbrellas

Umbrella has no logo, is compact and will easily fit in your child's backpack, cost \$10.00 each.

### Navy Blue Cashmere Scarves with Logo

RSC Scarves are beautiful and warm, for those cold winter days, cost \$12.00 each.

Transport  
for NSW

## STUDENT TRAVEL— OPAL CARD

Students who need to apply for an Opal Card please go online to: [transportnsw.info/school-students](https://transportnsw.info/school-students)

**Note:**

If you change your address, school or any other details, you will need to update it online at the above link.

## School Payments

Parents and Student's are reminded that the **CORRECT MONEY** should be handed in when paying for school items.

**No money will be taken by the office after 2:00pm**

## Does your child need to leave school early?

Student's who need to leave school early, **MUST** come to school with a parent written and signed NOTE.

This note must be handed into the Admin Office prior to 8:30am. The student will then be instructed to come back to the office at recess to collect their pass. Students may then leave when the note has been shown to the teacher and they will be dismissed from class.

Phone calls requesting Student Early Leave should only be done when there is an urgent reason for your child to leave school. Parents are required to come to the office to complete an "Early Leave Notification Form" and to collect their child from the Admin Office.

The College has a very large quantity of second hand blazers for sale.

If you are going into **Year 11 in 2018**, you will need a blazer. All blazers have been dry cleaned and are in perfect condition.

Blazers must be worn during Terms 2 & 3 as part of the winter uniform.

Students can wear the blazer during T1 and T4 if they wish..

Blazers must be worn at all major school functions or outings as instructed

**Second hand blazers sell for \$90.00**

Sizes are available from 10 to 28.

We have a very large stock of 2nd hand blazers, so please make contact with the office for more information or to make a time for a fitting.



Ms Thorn

## Fees and contributions statements

Statements will be posted in the mail over the next week. Please look out for these in your mailbox. ***If you have changed your residential address,*** please notify the office as soon as possible.

Students have now been allocated to all sporting groups for Summer Sport and **payments are now due**. Please ensure that your child knows what sport they have been allocated to and arrange for payment to be made as soon as possible.

Diane Kuman  
School Administration Manager  
Ryde Secondary College

## Late to School!

Parents and students are reminded that school starts with the First Bell at 8:35am (Tues & Thurs) and 8:45am ( Mon, Wed, Fri) and students need to be here by 8:30am to give them time to make Roll Call at 8:40am.

If students are late, they must report to the Attendance Window to be swiped into school, and if they can come to school with a note from parents, this will



## BELL TIMES 2018

as at 20-Feb-18

[illegible]



## Seven new school zone traffic offences

### To help schools keep the school zone safer for all pedestrians and drivers there are seven new traffic infringements with new fines.

None of the seven offences attract demerit points when committed elsewhere on the road but in a school zone they each come with two points.

#### The changes are:

1. Stopping in intersection - Under the changes if a driver commits this offence in a school zone they will receive a penalty of \$439 and 2 demerit points.
2. Stop within 20m of intersection (traffic lights) - Under the changes if a driver commits this offence in a school zone they will receive a penalty of \$439 and 2 demerit points.
3. Stop within 10m of intersection (no traffic lights) - Under the changes if a driver commits this offence in a school zone they will receive a penalty of \$439 and 2 demerit points.
4. Stop near bicycle crossing lights - Under the changes if a driver commits this offence in a school zone they will receive a penalty of \$439 and 2 demerit points.
5. Obstruct access to ramp/path/passageway - Under the changes if a driver commits this offence in a school zone they will receive a penalty of \$330 and 2 demerit points.
6. Not parallel park in the direction of travel - Under the changes if a driver commits this offence in a school zone they will receive a \$330 fine and 2 demerit points.
7. Parallel park close to dividing line - Under the changes if a driver commits this offence in a school zone they will receive a \$330 fine and 2 demerit points.

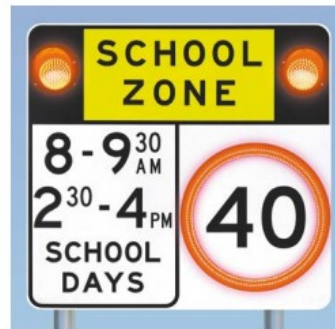
All updated school zone offences can be located through Roads and Maritime:  
<http://www.rms.nsw.gov.au/documents/roads/safety-rules/demerits-school.pdf>  
February 2018

### Driving and parking safely near your school

The beginning and end of the school day are busy times for pedestrians and drivers outside schools.

You can help keep children safe by remembering the following:

- drop your child off and pick them up on the **school side** of the road
- **never call out to them from across the road - it is very dangerous**
- always take extra care in 40km school zones
- follow all parking signs - these help keep your child as safe as possible
- park responsibly even if it means you have to walk further to the school gate
- never double park - it is illegal and puts children at risk
- never do a U-turn or a three point turn outside the school as it puts children at risk of harm
- model safe and considerate pedestrian and driver behaviours to your child
- always give way to pedestrians particularly when entering and leaving driveways



## Important Dates ...

### February

- 22 Whole school assembly - (Welcome to Country)  
Year 12 interviews  
**Year 7 Enrichment Night—MPC—6:00pm**
- 23 Year 12 interviews
- 26 Year 12 interviews
- 27 Year 12 interview
- 28 Year 12 interviews  
**RSC SWIMMING CARNIVAL—Drummoyne Pool.**

### March

- 1 RSC Swimming carnival reserve date)
- 7 **Zone Swimming Carnival**
- 8 College Assembly
- 15 Selective High School Placement test
- 21 RSC P&C Meeting  
College Tour - am  
Autumn Concert (JAZZ Band)
- 22 College Assembly - SRC Investiture
- 23 Year 8 - World Water Day (TBC)
- 29 GAT Immersion Day—8:30am—1:30pm) in HMS

### April

- 5 RSC Cross Country Carnival—rsc grounds
- 9 Year 7 & Year 12 Parent /Teacher Interviews—MPC
- 11 RSC Cross Country reserve date
- 12 ANZAC Day Ceremony / Assembly
- 13 Last Day of Term 1.



## From the Careers Office

### Guest Speakers

We are in the process of arranging for guest speakers to present at lunch times for Year 12 students principally, however students in others years are also most welcome to attend. The speaker series will be held on Monday's at 1.20pm in Room D11.

Speakers planned for 2018 include representatives from the TAFE, University of New South Wales, University of Sydney, UTS, Macquarie University, Western Sydney University, Group Training Companies and private colleges. If considering the private college option, either for a qualification or as a pathway to a university course, students are encouraged to discuss their needs carefully with a Career Adviser. If looking at a private college as a pathway to university, it is essential to check with the preferred university to ensure the private college course is recognised.

### Important Career Questions

While strategies for HSC success will vary from student to student, it is important not to become preoccupied with the ATAR. Every student should do his or her best! It is important to remember that the ATAR is **one way** to towards the achievement of a course or career goal. There are many options for young people today! It is also important to remember that the first and the most important **career question** is '*What job do I want?*' The second important question students need to consider is '*How do I get there from where I am now?*'

### Top University Courses for 2018

The Universities Admissions Centre (UAC) released the details of course preferences and offers made to our Year 12 students. A total of 178 offers with some students receiving more than one offer to different courses and institutions.

Preferences were reduced from 9 to 5 with most students receiving an offer on the 21st December. Congratulations to the students who received an early offer through the one of the many schemes including the School Recommendation Scheme, Academic Entry Program and the Global Leadership Entry Program.

The most popular degrees included B Arts, B Science, B Medical Science, Combined Commerce, B Construction Management, B Commerce, B Economics, B Engineering and B Nursing.

Institution	
University of NSW	42
Macquarie University	40
Western Sydney University	33
University of Technology Sydney	30
University of Sydney	21
Australian Catholic University	4
University of Wollongong	3
Australian National University	1
Southern Cross University	1
University of New England	1
University of Newcastle	1
Torrens University	1

### Up-coming Open Days, Scholarships and Holiday Seminars

**Blue Mountains International Hotel Management School Open Day.** Saturday 3 March 9:30am to 2pm. [http://info.bluemountains.edu.au/open-day-2018/?utm\\_source=organicwebsite&utm\\_medium=homepagebanner&utm\\_campaign=OpenDay](http://info.bluemountains.edu.au/open-day-2018/?utm_source=organicwebsite&utm_medium=homepagebanner&utm_campaign=OpenDay)

**Blue Mountains International Hotel Management School Holiday workshop.** For students considering a career in the hospitality industry. <http://www.bluemountains.edu.au/your-hospitality-career/career-focus-days/>

**Torrens University Business Open Day.** Saturday 21 April 10am to 2pm. <http://www.torrens.edu.au/about/events-and-workshops/sydney-open-day-business-2018>

**HSC in the Holidays March Seminar.** <https://hscintheholidays.com.au/our-program/hsc-half-yearly-examination-seminars/>

**UTAS Marine Discovery Scholarship.** <https://secure.utas.edu.au/imas/study/undergraduate/marinediscoverycompetition>

**ANU Tuckwell Scholarship.** Financial support for students planning to study at ANU in the future. <https://tuckwell.anu.edu.au/applying/attend-webinar>

**NSW Family & Community Services Scholarships.** Applicants receive \$1,000 to help with education expenses. <http://www.housing.nsw.gov.au/social-housing/facs-scholarships>

**ADF Gap Year.** <https://www.defencejobs.gov.au/students-and-education/gap-year/?faqCategory=1454724d-6b5c-4a69-b6fd-7ce4341b9fa4&faqTag=recruitment-process>

**UMAT Registration.** Registrations close 1 June, and the testing date is 25 July 2018. <https://umat.acer.edu.au/> Please check all information with the organisation or visit the Careers Office for more details.

**The Careers Advisers are here to help you. Please visit and knock on the door!**

**Mr Gordon Doyle (Monday)  
and Mrs Karen Van Es  
(Tuesday to Friday)**

Please help us to make our Newsletter better and more interesting. If you have read this issue, we ask you to send your child to the Admin. Office to receive a College Merit.



**We would like to know more!!**

## WE WOULD LIKE TO KNOW MORE

Has your child achieved in sport or extra curricular activities outside school?

If so..

Please email the College at: [rydesc-h.school@det.nsw.edu.au](mailto:rydesc-h.school@det.nsw.edu.au)  
with your child's achievements.

## Have you merits to hand in?

**RSC Merit Program:** **Blue—Resilience (Learning),**  
**Green— Responsibility (Services) or**  
**Yellow— Respect (Representation)**

Next step: You have been given 3 or more merits from your teacher. You should now take these to your Head Teacher (Faculty) to receive either a Faculty Awards, and make sure they are computer registered.

If you have received 3 or more merits from the Office, take them to the Admin office to receive a Green—School Community Award.

Faculty awards are registered into Sentral, and when you have received 3 of Faculty Award, School Participation Award or School Community Award you will receive a special award at a College Assembly.

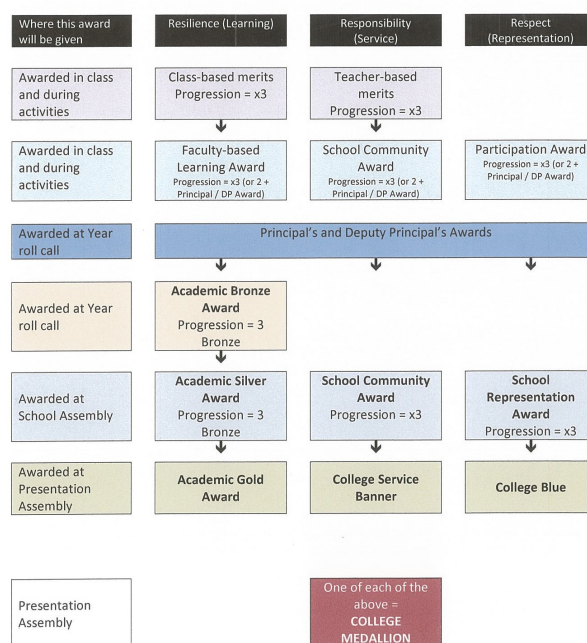
Students are asked to check their Student Sentral for their merits and if you have 3 then hand them in for processing.



### RSC Merit Program - Recognising Positive Behaviours

Ryde Secondary College's Merit Program works in accordance with *The College Code* and aims to:

- Reinforce positive work/behaviour models across the College community, within the classroom and beyond,
- Reward those students who continually strive to perform well, those students who achieve personal success, and those students who achieve academically, physically, creatively or socially.



■INSPIRE ■ACHIEVE ■SUCCEED

# RSC MERIT CARDS

Students holding the new Merit System cards in either Yellow, Green or Blue should check their SENTRAL account to confirm that all merits have been computer recorded.

Should any merits have not been recorded, then students are asked to bring the awards to the Admin office for confirmation and entry.



## Ryde Secondary College Co-curricular Activities Offered To Students

Join In! See the teachers or students below, a Deputy Principal or your Year Adviser.

Competitions	Years	Person Responsible
Australian Mathematics Competition	All	Ms. Brown
Australian National Chemistry Quiz	All	Ms. Jain
Australian Science Competition	All	Ms. Zito
Australian Science Olympiads Qualifying Exams	10-11	Ms. Zito
Digital Technologies Competition	7-10	Ms. Shigelski
ICAS English Competition	All	H/T English
English Writing Competition – Write4Fun	All	H/T English
National Geography Competition	7-10	Ms. Hutson
Stock Market Competition	All	Mr. McGinn
What Matters Writing Competition	All	H/T English
SMH Young Writer of the Year	All	H/T English
Dorothea McKellar Poetry Competition	All	H/T English
Mathematics Challenge for Young Australians	All	Ms. Brown
National Computer Science School (NCSS)	All	
RACI Titration Competition	11	Ms. Zito
APSM Olympiad	7&8	Ms. Brown
The Simpson Prize – History	9-10	Mr. Ward
NSW HTA History Mastermind Competition	7-10	Mr. Ward
Australian Brain Bee challenge	10	
<b>Creative Arts</b>		
"rsc creative" Arts Festival	All	Ms. Shaw
Art Club	All	Ms. Harrod
Annual Music Night	All	Ms. Shaw
Season Concerts	All	Ms. Shaw
Arts Alive Festival	All	Ms. Shaw
<b>TAS</b>		
Design Club	All	Ms Shigelski
Annual Fashion Show	All	Ms Shigelski
<b>Drama</b>		
Drama Showcase	9-12	Ms. Blow
Drama Club	All	Ms. Blow
Production Evenings	All	Ms. Shaw
<b>Music</b>		
Choir	All	Ms. Kinley
Concert Band	All	Ms. Shaw (Mr. Kenny)
Jazz Band	All	Ms. Shaw (Mr. Groves)
Vocal Ensemble	7-8	Ms. Kinley
Concerts, Competitions & Eisteddfods	All	Ms. Shaw/Ms. Kinley
String Ensemble	All	Ms. Shaw (Ms. East)
Piano Recitals	All	Ms. Shaw/Music Staff
Stage 4 Massed Choir	7-8	Music Staff
<b>Cultural Exchanges</b>		
Bushukan visit	All	Mr Berthold
Fund Raising for Pacific Islands via OXFAM, AOI	All	Mr. McCartan
Indonesian Education Ministry Visit	All	Ms. Wholohan



## Co-curricular activities available at RSC

<b>General</b>		
Politics Club	All	Mr. McCartan
Video Club	All	Ms. Coulson
Club Infinity	7-10	Ms. Kong/Ms. Brown
Coding Club	7-10	
Enigma Club	All	Ms. Zito
<b>Leadership and Personal Development</b>		
Charity Fundraising	All	
Duke of Edinburgh's Award Scheme	9-12	Mr. Farag, Mr. McGinn
House Captains	9&11	H/T PDHPE
Magazine Committee	7-11	
Peer Mentoring	10	Ms. Kollias & Ms. Robertson
Prefect Body/School Captains	11-12	
Students' Representative Council (SRC)	7-11	
Food Drives for NRCA	All	Ms. McGinn
Café Malvina		Ms. Dowdy, Ms. Penrose, Mr. McGinn
<b>Sport</b>		
AFL Competition	7-8	Mr. McGinn
Cricket Competition – Davidson Shield	9-12	
Grade Sport summer/winter	All	Ms. Piper/Ms. Warwick
Netball Competition	All	Ms. Edwards
Soccer – Indoor – Futsal	All	
Soccer – Open – Errea Cup	9-12	
Social Sports – summer and winter	All	Ms. Piper/Ms. Warwick
Tennis Competition – Stan Jones Cup	9-12	Ms. Robertson
Touch Football	All	Ms. Robertson
Volleyball Competition	All	Mr. McLellan/Mr. Han
Weights Training	9-12	Mr. Katsikis
Dance Group	All	Ms. Edwards & Ms. Piper
Gym & Fitness Club	All	PDHPE
Lawn Bowls	All	Ms. Robertson
Soccer – Girls	All	Ms. Robertson
Baseball	All	Ms. Robertson & Ms. Singleton
House Patrons, Cressy		Mr. McCartan & Ms. Mazzaferro
House Patrons, Buffalo		Ms. Skov & Mr. Tonkin
House Patrons, Malvina		Ms. Singleton & Mr. Ward
House Patrons, Forrest		Ms. Kinley &
<b>Public Speaking</b>		
Legacy Public Speaking Competition	7-9	Ms. Blow
Plain English Public Speaking Competition	10-12	H/T English
Premier's Debating Challenge	8-12	H/T English
Hunter's Hill Rotary Debating	11	Ms. Penrose



## tuning in to teens in Korean

emotionally.intelligent.parenting

TERM 1: 2018

### EVENING PARENTING PROGRAM IN KOREAN

Would you like to learn how to:

- Talk more effectively with your teen?
- Prevent behaviour problems in your teen?
- Be better at understanding your teen?
- Teach your teen to deal with conflict?
- Help your teen manage their emotions?

Tuning in to Teens shows you how to help your teen develop emotional intelligence.

Teens with higher emotional intelligence:

- Are more aware, assertive and strong in situations of peer pressure
- Have greater success making friends and managing conflict with peers
- Are more able to cope when upset or angry
- Have fewer mental health and substance abuse difficulties
- Have more stable and satisfying relationships as adults
- Have greater career success

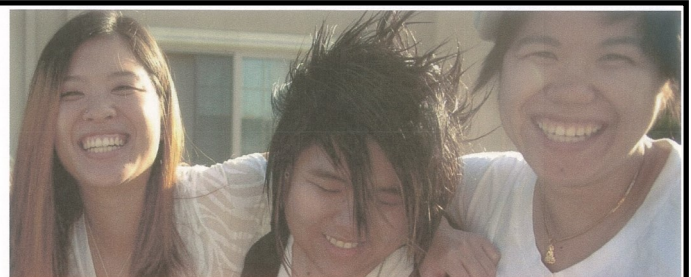
**WHEN:** 21 February – 21 March

Wednesdays 6:00pm – 8:00pm

**WHERE:** The Northern Centre, 3-5 Anthony Road, West Ryde

**FACILITATOR:** Christine Kim

**BOOKINGS:** Call 02 9334 0111 (Amy Joo) to book, as places are limited.



## tuning in to teens in Korean

emotionally.intelligent.parenting

좋은 부모란 어떤 부모라고 생각하시나요?

사춘기 자녀와의 대화에 어려움을 겪고 계신가요?

사춘기 자녀와 좋은 관계를 맺고 더불어 성장하는 기회를 찾고 계신가요?

10세-18세 자녀를 둔 좋은 부모를 꿈꾸는 이들을 위한  
무료 감정코칭 부모교육 프로그램

감정코칭을 받은 아이, 이렇게 달라집니다:

- 집중력이 높으며, 자기주도 학습능력이 우수해 학업 성취도가 높다.
- 자신의 감정 조절을 잘 하고, 타인의 감정을 잘 이해한다.
- 또래 관계가 좋다, 즉 사회성이 좋은 아이로 성장한다.
- 상처를 받았을 때 극복할 수 있는 능력, 즉 심리적 면역력이 강하다.
- 새로운 변화에 능동적, 긍정적으로 대처할 수 있다.

**언 제:** 2월 21일 – 3월 21일

매주 수요일 6:00pm – 8:00pm

**어디에서:** 노던센터 (The Northern Centre, 3-5 Anthony Rd. West Ryde)

**강 사:** Christine Kim (Tuning in to Teens 강사, 카운셀러)

**신청 및 문의:** 02 9334 0111 Amy Joo (예약 필수)



## TUNING IN TO TEENS

EMOTIONALLY  
INTELLIGENT  
PARENTING



5 SESSION PARENTING COURSE FOR PARENTS OF TEENS

Would you like to learn how to:

- Communicate effectively with your teenager?
- Understand your teenager?
- Help your teenager with emotional intelligence and managing emotions?
- Prevent some teenager behaviour problems?
- Teach your teenager to deal with conflict?

### Chatswood

**VENUE:** Chatswood Community Health Centre  
57 Hercules St, Chatswood

**DATES:** Tuesdays 6<sup>th</sup> March – 3<sup>rd</sup> April 2018 (5 sessions)

**TIME:** 6.30pm – 9.00pm

**COST:** \$150 (subsidised rates available re: financial difficulty)

**BOOKINGS ESSENTIAL:** Contact 02 8021 3668

### Brookvale

**VENUE:** headspace Brookvale

Level 2 Brookvale House, 1A Cross Street, Brookvale

**DATES:** Wednesdays 14<sup>th</sup> March – 11<sup>th</sup> April 2018 (5 sessions)

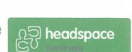
**TIME:** 6.30pm – 9.00pm

**COST:** \$150 (subsidised rates available re: financial difficulty)

**BOOKINGS ESSENTIAL:** Contact 02 9937 6500

The 5 session course will be facilitated by a qualified Parent Educator from  
Child and Adolescent Parenting, Northern Sydney Local Health District

[www.nslhd.health.nsw.gov.au/Services/CAP](http://www.nslhd.health.nsw.gov.au/Services/CAP)



## TUNING IN TO TEENS

EMOTIONALLY INTELLIGENT PARENTING



5 SESSION PARENTING COURSE FOR PARENTS OF TEENS

Would you like to learn how to:

- Communicate effectively with your teenager?
- Understand your teenager?
- Help your teenager with emotional intelligence and managing emotions?
- Prevent some teenager behaviour problems?
- Teach your teenager to deal with conflict?

**VENUE:** Chatswood Community Health Centre  
57 Hercules St, Chatswood

**DATES:** Tuesdays 6<sup>th</sup> March – 3<sup>rd</sup> April 2018 (5 sessions)

**TIME:** 6.30pm – 9.00pm

**COST:** \$150 – subsidised rates available re: financial difficulty  
REFRESHMENTS PROVIDED

**BOOKINGS ESSENTIAL:**

<https://tnterm1.eventbrite.com.au>

PH: 8021 3668

The 5 session course will be facilitated by a qualified Parent Educator from  
Child and Adolescent Parenting, Northern Sydney Local Health District





### Girls Come Play Football/Soccer



With the success of our National Female Football Team "The Matildas" and Sam Kerr becoming a household name after being named the Young Australian of the Year.

- o Plus the added incentive of the Government's Active Kids Rebate Scheme, which means every school aged child from 4.5 -18 years can receive \$100 off their chosen sports registration fees, it's perfect time for girls to enrol in football.
- o Our association has 27 clubs registered for the 2018 season which kicks off on April 8, 2018.
- o The girls teams play on Sundays.

If you would like to find a team and play football, become more active, make new friends and have fun, please call Denise Robinson on 0416 038 080 or email me at [nswsf@bigpond.com](mailto:nswsf@bigpond.com) and I will personally find you a team. We have mum's teams too!! Plus all abilities teams.

If you're not sure, we have a Come Try Football Day on Sunday, March 4 at Eastwood Lower Oval, 10am-1pm.

Kindest regards,

*Denise Robinson*

*NWSWF General Manager*



## **"TIBBY" ROSE AUTO ELECTRICAL (RYDE)**

744 Victoria Road, Top Ryde

**Phone: 9809 4456 - 9807 6296**

**Mobile: 0404 056 686**





## 身心健康社区活动 与区内国语心理咨询师面谈



New Vision Psychology 与 Catholic Care 很荣幸，为华人社区办这次信息会。信息会为大家提供机会在非正式场合与心理咨询师见面，各位可以在身心精神健康方面提出疑问。

### 题目包括:

- 身心健康及保健
- 精神压力
- 人际关系
- 抑郁及其症状
- 焦虑及其症状
- 家庭关系、子女教养问题
- 如何适应澳洲生活
- 心理咨询师如何帮助你
- 如何帮你家人/朋友找到获得帮助的途径

本次信息会费用全免。请先致电预约。

信息会由国语心理咨询师介绍身心健康话题。活动设有提问及解答环节，欢迎您提出心理保健上的疑问。

您亦可以安排与心理咨询师作个别深入私人面谈。

日期: 2018年 3月 21日  
时间: 下午 5时半 至 7时  
地点: CatholicCare Naremburn Family Centre  
40 Merrenburn Ave  
Naremburn NSW 2065

如有任何查询，请致电:  
0410 635 679 (普通话 / 英语)

如果您不能参加本次信息会，欢迎来电咨询，我们会尽力解答您的疑问。

## Wellbeing and Mental Health Community Event: Meet your local Psychologist



### Questions for a Psychologist?

New Vision Psychology and Catholic Care are pleased to be hosting a health event for the Chinese community.

The event is an opportunity to meet a psychologist in an informal setting where you can ask questions about psychology, mental health and wellbeing:

### Topics:

- Wellbeing
- Stress
- Relationships
- Depression
- Anxiety
- Parenting
- Adjusting to living in Australia
- How Counseling Can Help?
- Where To Get Help For Family/Friends?

All participation is free.

The event will be held in Mandarin, and will include a presentation by a Psychologist, followed by an opportunity for questions and answers.

You will also be able to schedule an individual appointment with a psychologist for a more private conversation.

When: Wednesday 21 March 2018

Where: CatholicCare Naremburn Family Centre  
40 Merrenburn Ave  
Naremburn NSW 2065  
Training Room

Time: 5:30pm - 7pm

Other: For enquiries and bookings, please call 0410 635 679 (Mandarin & English)

If you are unable to attend, but would like to speak to a practitioner, please do not hesitate to contact us and we can arrange a convenient time to talk with you.

CatholicCare  
Diocese of Broken Bay



New Vision  
PSYCHOLOGY

New Vision Psychology 荣幸得到  
政府悉尼北区健康网络的资助

CatholicCare  
Diocese of Broken Bay



New Vision  
PSYCHOLOGY

New Vision Psychology is  
supported by funding from  
the Sydney North Primary  
Health Network

## Cough etiquette and respiratory hygiene

### Cover your cough



- When coughing or sneezing, use a tissue to cover your nose and mouth
- Dispose of the tissue afterwards
- Wear a surgical mask, if possible

### Wash your hands



- After coughing, sneezing or blowing your nose, wash your hands with soap and water
- Use alcohol-based liquids, gels or wipes if you do not have access to soap and water

Remember hand washing is the single most effective way to reduce the spread of germs that cause respiratory disease.

Anyone with signs and symptoms of a respiratory infection, regardless of the cause, should be instructed to cover their nose/mouth when coughing or sneezing, use tissues to contain respiratory secretions, dispose of tissues in the nearest waste receptacle after use, and wash their hands afterwards.



With bags this heavy, it's  
no wonder many kids  
think school is a

**"pain in the back!"**

### AUSTRALIAN CHILDREN are at RISK of PERMANENT SPINAL DAMAGE because of INCORRECTLY PACKED and FITTED SCHOOL BACKPACKS

Adult back pain and spinal disorders may stem from childhood activities including carrying a heavily loaded backpack for twelve years or more of schooling. Many of the current bags children are using may be fashionable, but unless they allow for even distribution across the back, they can cause pain.

School can be a challenging time for children, so ensuring they are as comfortable as possible is important to their physical and mental development.

According to an international study, daily backpack carrying is a frequent cause of discomfort for school children. School backpacks were felt to be heavy by 79.1% of children, to cause fatigue by 65.7%, and to cause back pain by 45.1%.

Chiropractors are uniquely positioned to educate parents, teachers and students about spinal health care through their minimum five years university training. Each week, there are approximately 200,000 visits to Australian chiropractors for a broad range of reasons.

Chiropractic care has been proven to be effective, and can restore correct function and relieve pain symptoms associated with the carrying of heavy backpacks.

Chiropractic possesses an excellent safety record, and through their five year university training, chiropractors are the spinal health experts.

Discover for yourself why there's so much more to chiropractic.

Some tips to prevent back pain associated with the carrying of heavy backpacks:

- Never carry more than 10% of your body weight
- Wear your bag over both shoulders
- Pack heaviest items closest to your back
- Pack only what you need!

healthy spine, healthier life



\*Hoggin, G., & Gendreau, R. (2002). Backpacks and Schoolchildren's Experiences of Local Incidents with Back Pain and Posture. Retrieved from: <http://www.caa.org.au>



## The College Crest

The dark blue main shape of the logo represents the shape of each of the classroom blocks in the college.

The pale blue line running down the left side of the logo represents the natural feature of Buffalo Creek as it flows through the site.

The line also represents the timeline of a student moving through the college.

The maroon and white circular shape creates a natural image of warmth and light as well as representing the circle of friendships that develop within the college and extend beyond.

### Notice and Disclaimer

*This newsletter is intended solely for the person to whom it is addressed and may contain confidential or privileged information. If you have received it in error please notify Ryde Secondary College immediately by return email or ph. (02) 9809 4894 and destroy this email and any attachments. In addition, if you are not the intended recipient you must not disclose, copy, or distribute this email or any attachments.*

## RYDE SECONDARY COLLEGE

5 Malvina Street  
Ryde NSW 2112

Phone: 02 9809 4894

Fax: 02 9808 2642

### Email:

[rydesc-h.school@det.nsw.edu.au](mailto:rydesc-h.school@det.nsw.edu.au)

### Enrolment Email:

[rydesc-h.school@det.nsw.edu.au](mailto:rydesc-h.school@det.nsw.edu.au)

### Website

[www.rsc.nsw.edu.au](http://www.rsc.nsw.edu.au)

### Parent Portal –Create an account

<http://web2.rydesc-h.schools.nsw.edu.au/portal/register>

### Parent Portal –login

<http://web2.rydesc-h.schools.nsw.edu.au/portal/login>



## JOIN OUR 2018 COLLEGE INFORMATION TOURS

Ryde Secondary College welcomes you to our information session tours for prospective students and their parents.

Please assemble at our administration office prior to starting times

- ⇒ Wednesday, 21 February —  
Parent Information Tour will be held from 3:30—5:00pm
- ⇒ Wednesday, 21 March —  
Parent Information Tour will be held from 9:30—11:00am
- ⇒ Wednesday, 16 May —  
Parent Information Tour will be held from 3:30—5:00pm
- ⇒ Wednesday, 27 June—  
Parent Information Tour will be held from 9:30—11:00am
- ⇒ Wednesday, 25 July—  
Parent Information Tour will be held from 3:30—5:00pm
- ⇒ Wednesday, 15 August —  
Parent Information Tour will be held from 9:30—11:00am
- ⇒ Wednesday, 19 September —  
Parent Information Tour will be held from 3:30—5:00pm
- ⇒ Wednesday, 24 October —  
Parent Information Tour will be held from 9:30—11:00am
- ⇒ Wednesday, 21 November —  
Parent Information Tour will be held from 3:30—5:00pm

**Please ring our office on 9809 4894 to book a place.**

Bookings are essential for all information tours

**5 Malvina Street, Ryde NSW 2112**

**Phone: 02 9809 4892**

**Email: [rydesc-h.school@det.nsw.edu.au](mailto:rydesc-h.school@det.nsw.edu.au)**

### IMPORTANT PHONE NUMBERS

**SCHOOL SECURITY 1300 880 021**

**RYDE POLICE 9808 7401**

**POLICE /AMBULANCE /FIRE 000**

**GLADESVILLE POLICE 9879 9699**

**POISONS INFORMATION CENTRE 131 126**

**GLADESVILLE VET 9817 5758**

**QUARRY RYDE VET 9809 4788**